When to call?

- When you are struggling and need someone to talk to.
- When you want to talk to someone confidentially.
- When you want to share your triumphs as well as your challenges in recovery.
- When you feel lonely, depressed, or have suffered a loss or setback.
- When friends or family members don’t seem to understand.
- When you need someone to listen to who has been right where you are.
- When you have questions about recovery.

Recovery is a deeply personal, unique, and self-determined journey through which an individual strives to reach his/her full potential. Persons in recovery improve their health and wellness by taking responsibility in pursuing a fulfilling and contributing life while embracing the difficulties one has faced.

Recovery is not a gift from any system. Recovery is nurtured by relationships and environments that provide hope, empowerment, choices, and opportunities.

Recovery belongs to the person. It is a right, and it is the responsibility of us all.

Call or text us at:
1-844-326-5400
365 days a year
8:30am - 11pm

The CARES Warm Line is not an emergency service. In case of emergency, you should call 911, or the Georgia Crisis and Access line at 1-800-715-4225.